

OEC 2011 - Cycle "A" Refresher Agenda

Change is Good

As a seasoned patroller, this refresher is your opportunity to learn the new material so that your rookies do not have more knowledge than you do. The goal of the refresher is to bring all OEC technicians up to speed and cover the important topics in Cycle A.

Saturday

8.30 – 9.00

Sign in - Update address and email

Collect paper work : Word Search and Orientation exercise

Collect fees - \$125.00, cheques payable to FASP

Expectations. Arrive on time, all paper work completed. OEC 5th edition chapters completed. Chps. 7, 9, 15, 11, 10, 17, 20. Pack a lunch, appropriate clothing, check weather forecast. Actively participate in ALL sessions.

9.00 – 9.30

Presentation – Altered Mental Status

9.30 – 10.00

Presentation - Principles of Trauma

10.15 – 12.15

1st Skill Station Rotation

12.15 – 12.45

Packed Lunch

12.45 – 2.45

2nd Skill Station Rotation

3.00 – 4.00

3rd Skill Station Rotation

4.00 -

Tidy up and observations

Sunday

8.30 – 9.00

Review – Expectations

9.00 – 12.00

CPR presentation – CPR "C" / AED exam

12.00 – 12.30

Packed Lunch

12.30 – 1.30

3rd Skill Station Rotation

1.45 – 3.45

4th Skill Station Rotation

3.45 -

Sort equipment, tidy first aid kits, paper work, Review

Skill Station One Full patient package

Demonstrate the following

- Scene size up
- Patient assessment
- Secondary assessment
- Two sets of vitals – including baseline vitals
- Application of hard collar and full immobilization on spine board
- Shock management and patient care
- Ongoing communication/ documentation

Skill Station Two Upper limb assessment

Demonstrate the following:

- Scene survey
- Expose and assess injury
- On hill immobilization
- Manual stabilization and CMS
- Splint and stabilize (appropriate sling choice)
- Appropriate Patient care and management

Skill Station Demonstration:

- Blanket roll splint for dislocated shoulder
- Figure 8 splint application

Skill Station Three Lower limb assessment

Demonstrate the following:

- Scene Survey
- Expose and assess injury
- On hill immobilization
- Manual stabilization and CMS
- Splint and stabilize
- Appropriate patient care and management
- Care and management in first aid room
- Expose and assess
- Boot removal
- Cardboard splint application

Skill Station Four Suction, airway, O², BP, Burns.

Demonstrate the following

- Suction
- Oral airway
- Prepare and demonstrate O₂ tank application/ use
- Measure blood pressure by auscultation